How to sign up for Mr. Herrud's Lifetime **remind** Activities - B2 messages:

To receive messages via text, text @2f4b1 to (385) 282-4532. You can opt-out of messages at anytime by replying, 'unsubscribe @2f4b1'.



Or to receive messages via email, send an email to **2f4b1@mail.remind.com**. To unsubscribe, reply with 'unsubscribe' in the subject line.

New message	_ * ×
Recipients 2f4b1@mail.remind.com	
Subject (You can leave the subject blank)	

WHAT IS REMIND AND WHY IS IT SAFE?

Remind is a one-way text messaging and email system. With Remind, all personal information remains completely confidential. Teachers will never see your phone number, nor will you ever see theirs.

Visit remind.com to learn more.